

Swedish League #3 middle distance (WRE) and Torfejden 6 May 2023

Competition Arena

Svalboviken 30 km south of Eskilstuna.
Follow directions from road 214.

There are two parking spaces. Parkering 1 is located 300 metres from the Arena and Parkering 2 is located 2 000-2 400 metres from the Arena.

Start 2 is located between Parkering 2 and the Arena (see map).

Parking fee 25 SEK. Swish 0705542502 (Fredrik Landstorp).

Pre-ordered overnight parking

Pre-ordered overnight parking for motor homes and caravans (no electricity) is available from Friday evening and is situated 300 m from the Arena. Follow directions. After the competitions, the toilet in the women's shower may be used. Contact: Rolf Tärnfjord, +46 70 288 73 93.

Embargoed areas

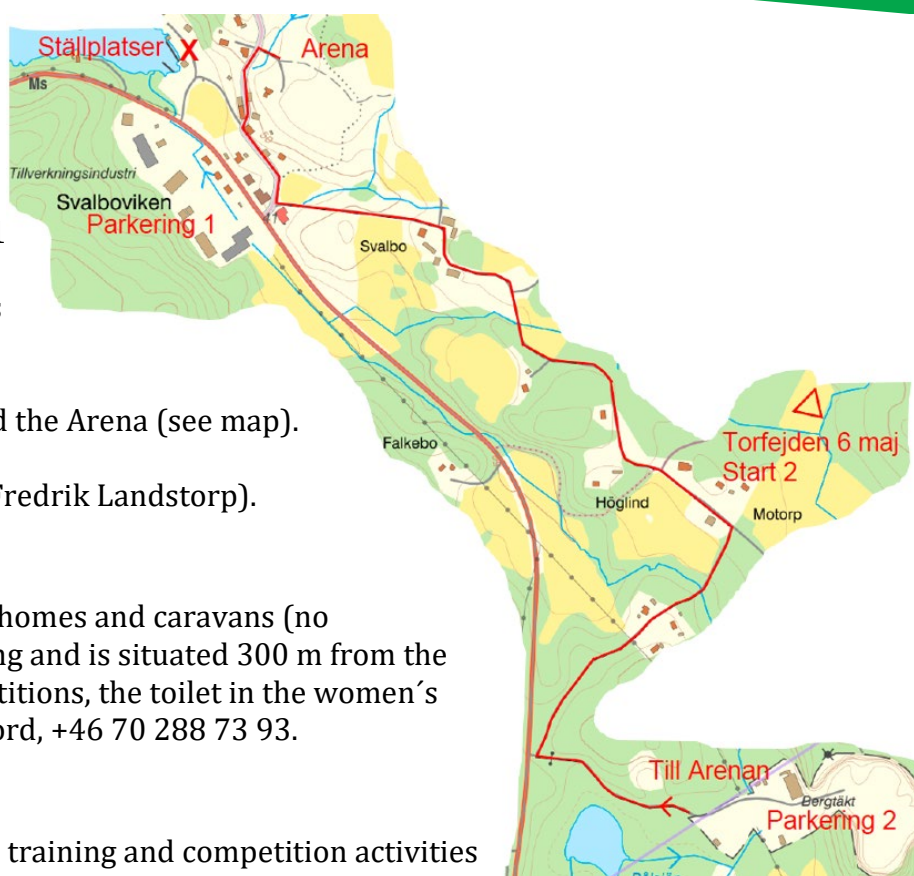
The competition area is embargoed for all training and competition activities until the events are concluded. The embargo area also applies to non-participating club members. A map of the embargoed area is available on Eventor.

Assembly Swedish League/WRE

All runners shall check in at the Elitservice at the Arena. At check-in, runners will receive their number bib, a warm-up map, as well as GPS vests for those who should wear a GPS device during the competition. The GPS device will be received at the pre-start.

GPS-tracking

Several runners will be required to wear a GPS and a list of these will be created once the start list has been completed. The list will be published on Eventor during the night before competition day and will also be posted in Elitservice at the Arena on competition day. Please take note of any changes due to cancellations. GPS vest will be provided in Elitservice and the GPS unit will be provided at the pre-start. GPS and vests are to be returned at finish. Not returned GPS vests will be charged at 300 SEK.



Number bibs

All participants in Swedish League shall wear number bibs. Bibs are handed out at the Elitservice at the Arena. The bib should be clearly visible, worn on the chest, and may not be folded. Bibs are fastened with safety pins, and we ask participants to bring their own safety pins.

Start 1 – Swedish League/WRE and under classes

The pre-start is situated 1 100 metres from the Arena along a gravel road, orange-white taping. First start is at 11:00.

Classes: W21, W21-2, M21, M21-2, D20E, H20E, D18E, H18E, D18E2, H18E2.

There is a toilet and water/Maurten sports drink available at the pre-start.

At the pre-start, runners who will be wearing a GPS will receive their GPS device.

Since there is no quarantine all runners must leave the Arena no later than at 13.00. No mobile phones may be brought to the start.

Call-up time at the pre-start is 10 minutes before starting time. Distance from pre-start to start is 600 metres, mostly through forest, orange-white taping.

Start procedure:

Call-up time at the start is 3 minutes before start time.

3 minutes before start – verify SI-card number

2 minutes before start – Take your control description

1 minute before start – go to the map

Start 2 – Torfejden

1 700 m from the Arena, orange-blue taping. First start at kl 11:00.

Start list

The start list will be published no later than Thursday, 4 May at 22:00 on Eventor and on www.oktor.se. Start lists are also posted at the Arena and Start 2.

Late starters

Late arrivals will be allowed to start as soon as possible following the organiser's directions, while causing minimal disturbance for other runners. If the organiser has caused the late start, a new start time will be noted by the start punch for time corrections. A late start is permitted a maximum of 15 minutes after the last start in respective class. IOF rules for late starts will be followed for all Swedish League classes.



Items left at start

Jackets/sweaters and other items can be left at Start 1 (not at the pre-start) and at Start 2 and will regularly be transported back to the Arena.

Cancellations

If you cancel your participation in any of the Swedish League classes W21/M21, HD20E, HD18E you must always inform the organisers as soon as possible, regardless of how late you cancel.

Cancellations are reported to Göran Börjeskog, goran@borjeskog.se, +46 70-6670933.

Classes and course lengths

Swedish League:

Class	Bib nummer	Course length	Climb	No. of controls	Control description size (cm)
W21	1-	5,2 km	215 m	22	5,3 × 16,1
M21	101-	6,1 km	220 m	24	5,3 × 17,4
D20E	201-	3,7 km	135 m	14	5,3 × 11,4
H20E	301-	4,2 km	170 m	16	5,3 × 12,7
D18E	401-	3,3 km	125 m	13	5,3 × 10,9
H18E	501-	3,9 km	155 m	14	5,3 × 11,6

Runners not qualified for the classes above will instead participate in the following classes.

Class	Course length	No. of controls	Climb
W21-2	3,8 km	16	115 m
M21-2	4,9 km	17	170 m
D18E-2	2,6 km	12	110 m
H18E-2	3,3 km	13	100 m

Torfejden:

D21	4,5 km	D12	2,3 km	D50	3,3 km	D75	2,3 km
H21	4,7 km	H12	2,3 km	H50	3,6 km	H75	2,7 km
D20	3,0 km	D10	1,7 km	D55	3,0 km	D80	1,8 km
H20	3,5 km	H10	1,7 km	H55	3,5 km	H80	2,4 km
D18	3,0 km	D35	4,3 km	D60	2,9 km	D85	1,6 km
H18	3,5 km	H35	4,6 km	H60	3,4 km	H85	1,8 km
D16	3,5 km	D40	3,7 km	D65	2,7 km	D90	1,6 km
H16	3,6 km	H40	3,9 km	H65	3,3 km	H90	1,8 km
D14	3,0 km	D45	3,5 km	D70	2,5 km		
H14	3,2 km	H45	3,8 km	H70	2,9 km		



World Ranking Event

W21 och M21.

Control descriptions

Control descriptions are printed on the map and loose descriptions are also available at the start.

Open courses

Inskolning	2 km	Lätt	2,5 km	Medelsvår	3 km	Svår	3 km
Mycket lätt	2 km	Lätt	5 km	Medelsvår	5 km	Svår	5 km
Mycket lätt	4 km						

There are happy and sad faces along the Inskolning-course.

Registration for Open courses can be made 10.00-11.30 at the Arena on competition day.

Start time: 10.30-12.00

Registration fee: 180 SEK, participants over 16 years old
80 kr, participants up to 16 years old

Selection and draw

For information on procedures concerning Swedish League selection and draw, we refer to the Swedish Orienteering Association's website:: [SOFT regler om urval och lottning](#). Draw may be done in all elite classes. Participants not qualified for a main class will be drawn into a lower class.

Runners on stand-by

Only applies to the junior classes. List of stand-by runners will be published on Eventor.

Runners on stand-by that get a start time will be called out in Elitservice at the Arena at 10:00 in the morning on the day of competition. Runners not present at this time cannot claim to be included later on, independent on the reason for not being there. Runners can however be represented by someone else answering for them at call-out.

Official: Malin Jacobson, +46 70-990 4562.

Map

According to the ISOM 2017-2 standard. Contour interval 5 m. Revised 2022 by Karl Larsson and Roger Åsberg.

Scale

Swedish League: scale 1:10 000.

Torfejden: scale 1:10 000 (HD16-HD40) och scale 1:7 500 (remaining classes).



Non-standard features

△ Kolbotten, remnants of charcoal kiln

× Small hunters' shelter

Terrain description

Terrain type: The northern parts consist for the most part of woodland with a few larger paths. The southern parts consist mostly of wilderness terrain with a number of smaller forested marshes. Throughout the area, there are also a few larger, mainly forested marshes.

Topography: The northern parts are mostly moderately hilly with several long sloping hills with varied detailing. The southern parts generally offers more hillocks and knolls and are highly detailed.

Runnability: Runnability is mostly good, except a few larger logged areas of varying age. Closest to the Arena, runnability is limited in the form of dense forest areas that are partially thinned out.

Restricted areas

Private properties. Some private properties will be marked with blue-yellow taping in the forest.

Marked small footpaths

Some less distinct small footpaths have been marked in the terrain with white tape.

To create suitable conditions for the easiest courses, some artificial "paths" have been created by marking with white tape. These "paths" are marked on the map, using the same colour as the course print.

Water stations

Swedish League: No water stations along the course. Water and Maurten sports drink will be available at the pre-start and at the finish.

Torfejen: No water stations.

Punching system

SPORTident, enter the card number when register. **SI-cards with a number serie 1-499 999 (SI-card 5) CAN NOT be used. Those who use SI-card 5 must borrow another SI-card in the Competition Office before start!** Touch free is not activated. SI-Card can be rented for SEK 35. Loss of SI-Card is charged SEK 700.

Maximum competition time

Maximum competition time is 120 minutes, all classes.

Finish

Swedish League/WRE runners have their own last control and a separate run-in lane to the finish.



Result service

Preliminary results are available online during the competition at [liveresultat](https://liveresultat.se). Final results will be published on Eventor after the competition. Links to speaker sound and GPS-tracking is available on Eventor. After the competition, maps and courses will be uploaded to Livelox.

Prize giving ceremonies

Swedish League: Prizes to the first three runners in each class. The Prize Giving Ceremony will take place after the WRE/SL competition is finished.

Torfejen: There will be prizes in classes HD10-16. Information about prize giving time and number of prizes in each class is presented at the prize table.

There will be a raffle for all runners in HD10-16 who have completed their races on both Saturday and Sunday with a chance to win a BOSE Bluetooth loudspeaker with of value of 3 000 SEK.

All runners in Inskolning will receive a prize at the finish. There will also be a raffle for those who have started any other class with a chance to win a gift voucher from Letro Sport.

Service at the Arena

Marka: We offer hot meals (pre-ordered field-lunch), hot dogs, hamburgers, sandwiches, sweets, hot and cold drinks! Payment through Swish or cash.

Showers: 300 m from the Arena.

Kid's course (Miniknat) och babysitting: Available at the Arena, fee 20 SEK. Please pre-register babysitting on Eventor.

First aid: There will be a First Aid station equipped with a defibrillator and some medical supplies.

Sports trade: Letro Sport will manage the sports trade.

Vaccination: Landsbygdsvaccinatören is offering the possibility of TBE- and Covid19-vaccination. Separate information is found on Eventor.

Toilets

At the Arena, at the pre-start and on the way to Start 2.

Club tents

Club tents are only allowed in designated areas at the Arena.



Foreign runners

Pre-registered foreign runners that have not already paid their fee must pay at the Competition Office on the day of competition before starting (cash or Swish).

Competition rules

The events are conducted according to Swedish Orienteering Association's general competition rules, complemented with rules for the Swedish League and the IOF World Ranking Event, as well as information provided in this Bulletin 2.

Fair play

Each runner has the responsibility to after finishing NOT to share any information about the competition, map, courses or similar with runners who have not yet started and coaches.

Clothing

Full coverage clothing is required.

Breach of rules

In the case of any observations related to a breach of the competition rules, a written complaint is submitted to the Competition Office, no later than 20 minutes after the last finish.

Protest against the Event directors' decision can be delivered, in writing, to the Competition Office no later than 2 hours after the decision was communicated. The protest will then be considered by the Event jury.

Event jury

Anna-Stina Påledal, OK Roxen
Ingemar Ericsson, Ronneby OK
Håkan Lööf, Mariestads FK

Information

For enquiries about the event, please contact us by e-mail: sl2023@oktor.se. For enquiries during the event we refer to the Competition Office at the Arena.



Competition organisation

Event directors:	Johan Karlsson Per Verner Arne Karlsson
Course setter:	Anders Fröberg Anette Andersson Kari Talltjärn Roger Haapaniemi
Event administrator:	Göran Börjeskog
Event controller:	Emma Kantarp
Course controller:	Viktor Larsson
Map controller:	Anders Wisén
SOFT event coach:	Christer Tapper
IT-coach:	Åke Larsson
Speaker:	Ola Jodal

IOF Event advisor

Christer Tapper



TORFEJDEN

OK Tor och Swedish League tackar för stödet från följande partners

bagheera

SILVA

Folksam

Idre Fjäll



EKSJÖHUS



Landshypotek Bank

Fabege



Sparbanksstiftelsen
Rekarne



FRONT
FASADGRUPPEN



TINGSVALVET



MAURTEN

Eskilstuna
Handelsstål AB



TORFEJDEN



INTERNATIONAL ORIENTEERING FEDERATION